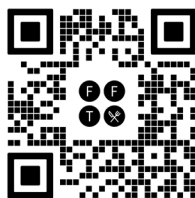


fall / winter specials

SEASONAL CATERING MENU



order online

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IBISTRO.FFTCHICAGO.COM

12 PERSON MINIMUM FOR ALL ORDERS

CARROT CAKE OVERNIGHT OATS

breakfast selections

EVERYTHING AVOCADO VGT | 610 CALS

\$6.00 PP

cage free scrambled eggs, sliced avocado, hot sauce, toasted everything bagel

CANDIED BACON BISCUIT 410 CALS

\$6.00 PP

candied bacon, over hard cage free egg, avocado, hot sauce, classic biscuit

APPLE BUTTER WAFFLES VGT | 510 CALS

\$6.00 PP

classic belgium waffles topped with house made granny smith apple butter

ENERGY SNACK BARS VGT | 350 CALS

\$2.00 PP

peanut butter, quick oats, honey, dried cherries

FRENCH TOAST SLIDERS 390 CALS

\$6.50 PP

cage free egg, american cheese, crispy bacon, cinnamon swirl slider bun

CARROT CAKE OATS VGN DF | 370 CALS

\$5.00 PP

rolled oats, carrots, maple syrup, almond milk, walnuts, coconut, raisins



MAPLE EGG STACK GF | 470 CALS

\$6.00 PP

cage free scrambled eggs, smoked gouda, crispy bacon, adobo maple drizzle



BROCCOLI EGG BITES VGT GF | 180 CAL

\$5.00 PP

cage free eggs, shredded mozzarella, quinoa, broccoli, parsley

lunch selections

BASIC BOX

\$13.50 PP

salad or sandwich, chips, brownie or cookie

SIGNATURE BOX

\$15.75 PP

salad or sandwich, pasta salad, chips, brownie or cookie

PLATTER

\$16.75 PP

includes pasta salad, chips, and cookie

SALADS

APPLE & BEET GF

890 CALS

romaine lettuce, roasted chicken, walnuts, celery, green onion, radish, beets, apples, parmesan peppercorn dressing

SWEET KALE VGT GF

470 CALS

chopped kale, shredded brussels sprouts, green cabbage, purple cabbage, broccoli florets, toasted pumpkin seeds, dried cranberries, poppyseed dressing

BACON CHOPPED

710 CALS

mixed greens, blue cheese, cherry tomatoes, bell peppers, corn, avocado, croutons, bacon vinaigrette



TUSCAN KALE & SPINACH VGT GF

570 CALS

kale, spinach, shredded parmesan, chopped egg, pumpkin seeds, lemon vinaigrette



POPPYSEED CHICKEN GF

570 CALS

roasted chicken, mixed greens, grape tomatoes, raspberries, goat cheese, red onion, toasted almonds, poppyseed dressing

SANDWICHES

OKTOBERFEST REUBEN

600 CALS

hickory smoked ham, white cheddar cheese, sauerkraut, 1000 island dressing, rye bread

THE GOBBLER

610 CALS

roasted turkey, smoked gouda, arugula, sage butter, cranberry aioli, panini bread

PESTO CHICKEN

840 CALS

roasted chicken, nut free pesto, spinach, tomatoes, provolone cheese, wheat tortilla



SPICED & EVERYTHING NICE

500 CALS

curry roasted chicken, spicy mango chutney, pea relish, tomato, turmeric & mint yogurt sauce, pita bread



VEG OUT VGT

580 CALS

quinoa, black beans, avocado, spinach, arugula, tomato, lime cilantro sauce, spinach tortilla

snacks

SPICED SNACK MIX 690 CALS

\$3.50 PP

peanuts, pretzel, cheddar sesame sticks, pepitas, pepper seasoning

CHOCOLATE CHIA PUDDING 260 CALS

\$5.50 PP

almond milk chia pudding, chocolate syrup, fresh raspberries