



# GRILLED LUNCH

## BURGERS

### THE 1/3 POUNDER

1/3 pound of juicy black angus beef

**\$8.00** 720 CALS | **CHEESE: \$8.75** 840 CALS

**BACON + CHEESE: \$10.00** 930 CALS

### CHICKEN SANDWICH NEW

classic chicken sandwich

**\$8.00** 600 CALS | **CHEESE: \$8.75** 700 CALS

**BACON + CHEESE: \$10.00** 810 CALS

### TURKEY BURGER

1/3 pound of juicy turkey patty

**\$7.75** 550 CALS | **CHEESE: \$8.25** 670 CALS

**BACON + CHEESE: \$9.75** 760 CALS

### IMPOSSIBLE BURGER VG DF

1/3 pound of juicy plant based meat

**\$8.50** 450 CALS

## INGREDIENTS

choice of griddled onion, tomato, lettuce on a toasted bun with choice of secret sauce, onion aioli or chipotle aioli

### CHIPOTLE CHICKEN WRAP

crispy chicken, cheddar, pico de gallo, lettuce, chipotle dressing, wheat tortilla

**\$8.25** 800 CALS

### BUFFALO CHICKEN WRAP NEW

crispy chicken, chopped romaine, cucumber, tomato, cheddar, buttermilk ranch, buffalo sauce, wheat tortilla

**\$8.25** 970 CALS

### SESAME GARLIC BIBIMBAP VG GF

carrots, kimchi, scallions, quinoa, sesame ginger vinaigrette topped with a fried egg

**\$7.00** 380 CALS

### PHILLY

griddled chopped chicken or steak, bell peppers & onions topped with provolone & pepper jack cheese on a french roll

**\$8.75** 620 CALS

### CHICKEN TENDERS

crispy fried chicken tenders made to order

3 PC **\$6.50** 550 CALS | 6 PC **\$10.00** 790 CALS

## FEATURED

### JAMAICAN PORK BELLY

pork belly, sauteed spinach & onion, jamaican jerk sauce, sourdough bread

**\$8.50** 740 CALS



### CHIMICHURRI CHICKEN

grilled chicken breast, chimichurri kale slaw, roasted red peppers, red onion, whole wheat bun

**\$8.75** 460 CALS

### CHEESE QUESADILLA V

adobo seasoned chihuahua, pepper jack & cheddar cheese on a flour tortilla topped with pico de gallo, sour cream, onions & green pepper

**\$8.50** 870 CALS | **+\$3.50** CHICKEN / STEAK

## OPTIONS

**FRENCH FRIES** VG GF DF  
**\$2.50** 220 CALS

**SWEET POTATO FRIES** VG GF DF  
**\$3.25** 280 CALS

**HOUSEMADE CHIPS** VG GF DF  
**\$2.00** 140 CALS

**BACON (2)** GF DF  
**\$2.25** 130 CALS

**AVOCADO** VG GF DF  
**\$1.25** 60 CALS

**CHEESE** V GF  
**\$1.25** 110 CALS

### BREAD SUBSTITUTE

for any sandwich, bread can be substituted with gluten-free bread



**V-VEGETARIAN** **VG-VEGAN** **GF-GLUTEN FREE** **DF-DAIRY FREE**  
THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



### CN-CONTAINS NUTS

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.